

## Workshop

# Effective communication

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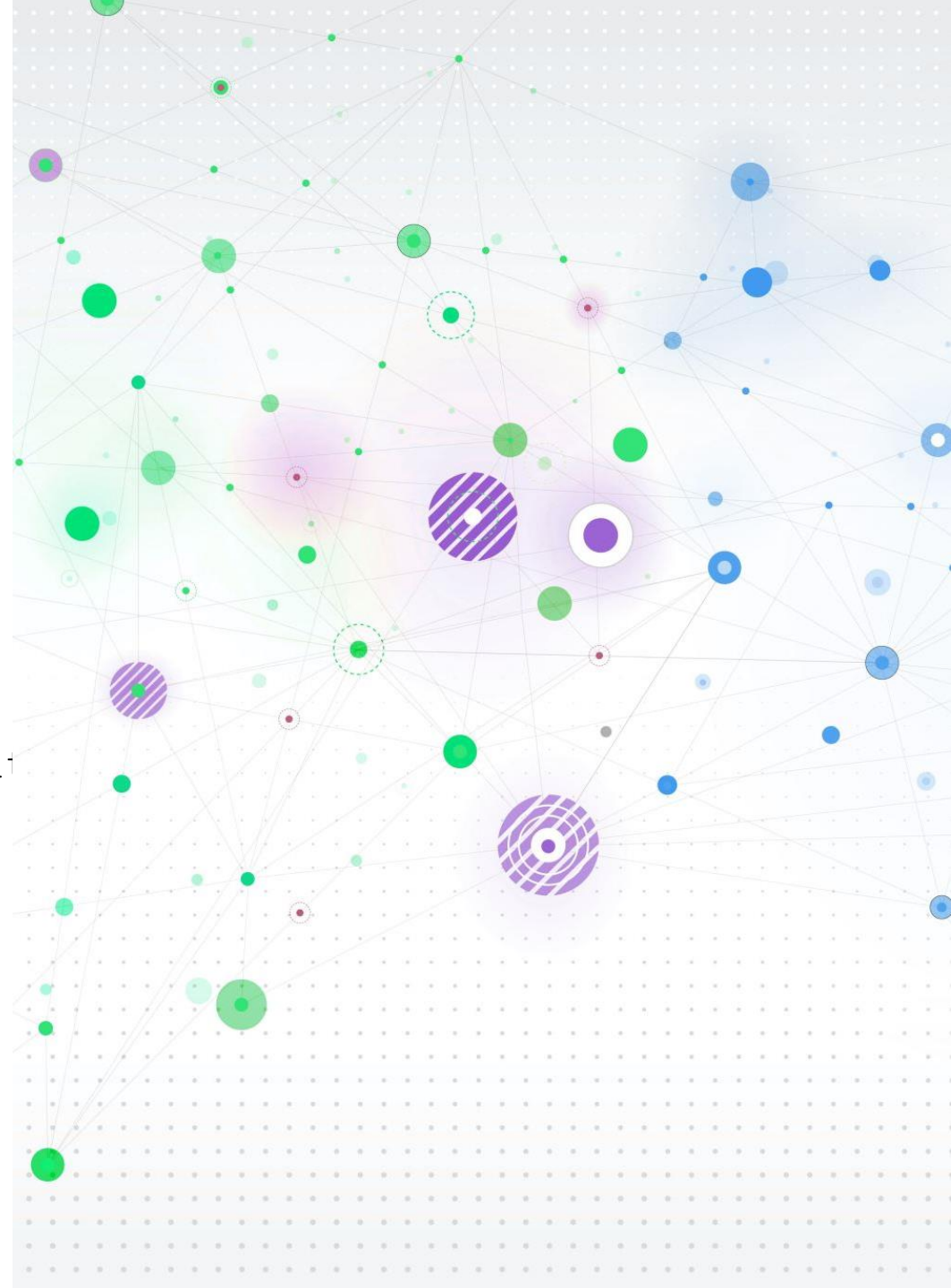
# Activity 1

## "Two truths and a lie"

- Each student writes down two truths and one lie about themselves.
- Each student shares their three statements within the group
- The rest of the group guesses which statement is the lie.

And then...let's discuss how first impressions and assumptions can affect communication...

You have 15 minutes!!

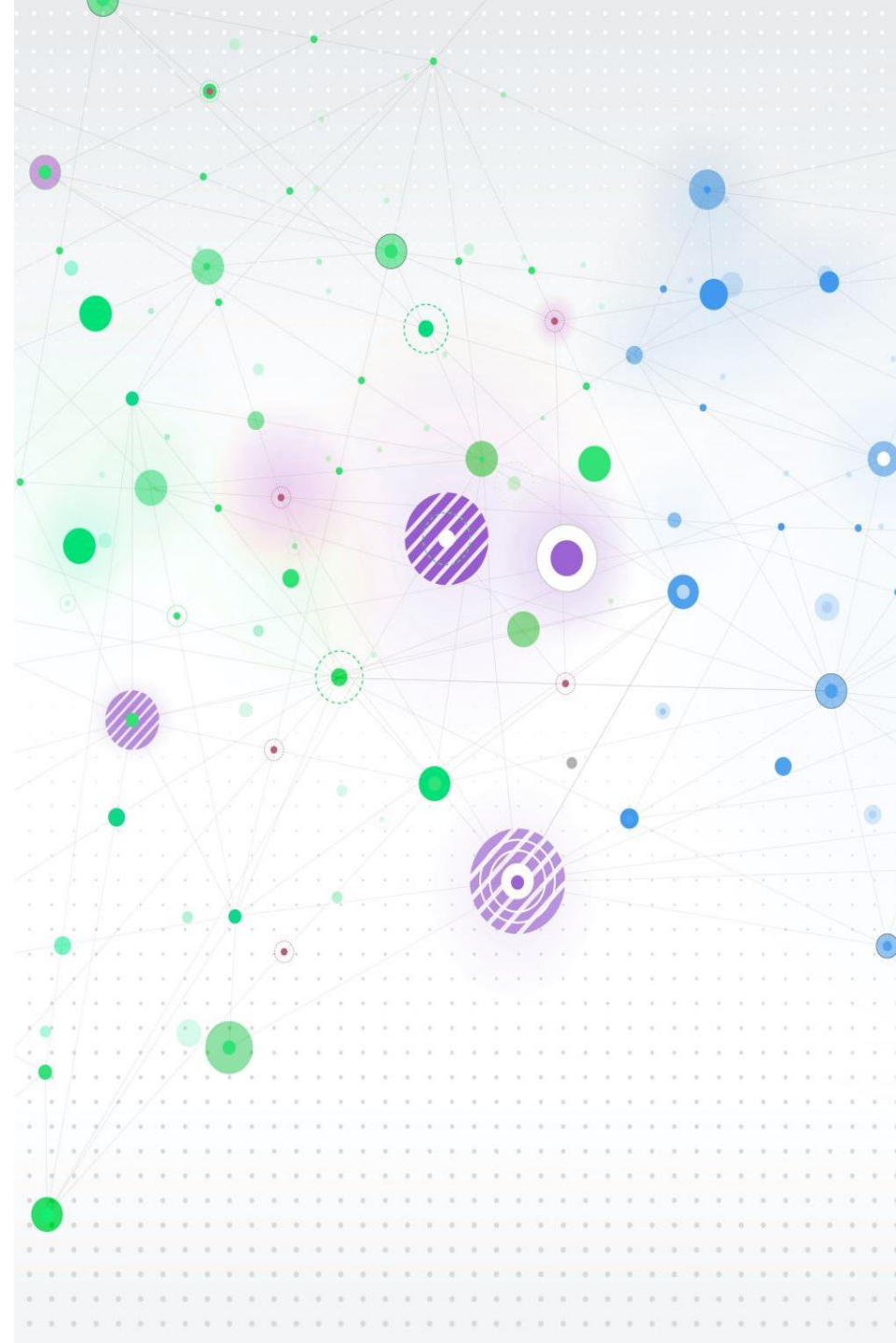


## Activity 2

### “Non-Verbal Communication ”

- Select one volunteer of your group to leave the room.
- The remaining group members decide on an emotion (e.g., happiness, anger, sadness) to act out non-verbally.
- The volunteer returns and tries to guess the emotion based on the group's non-verbal cues.
- Rotate roles so everyone gets a chance to guess.
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You have 25 minutes!!

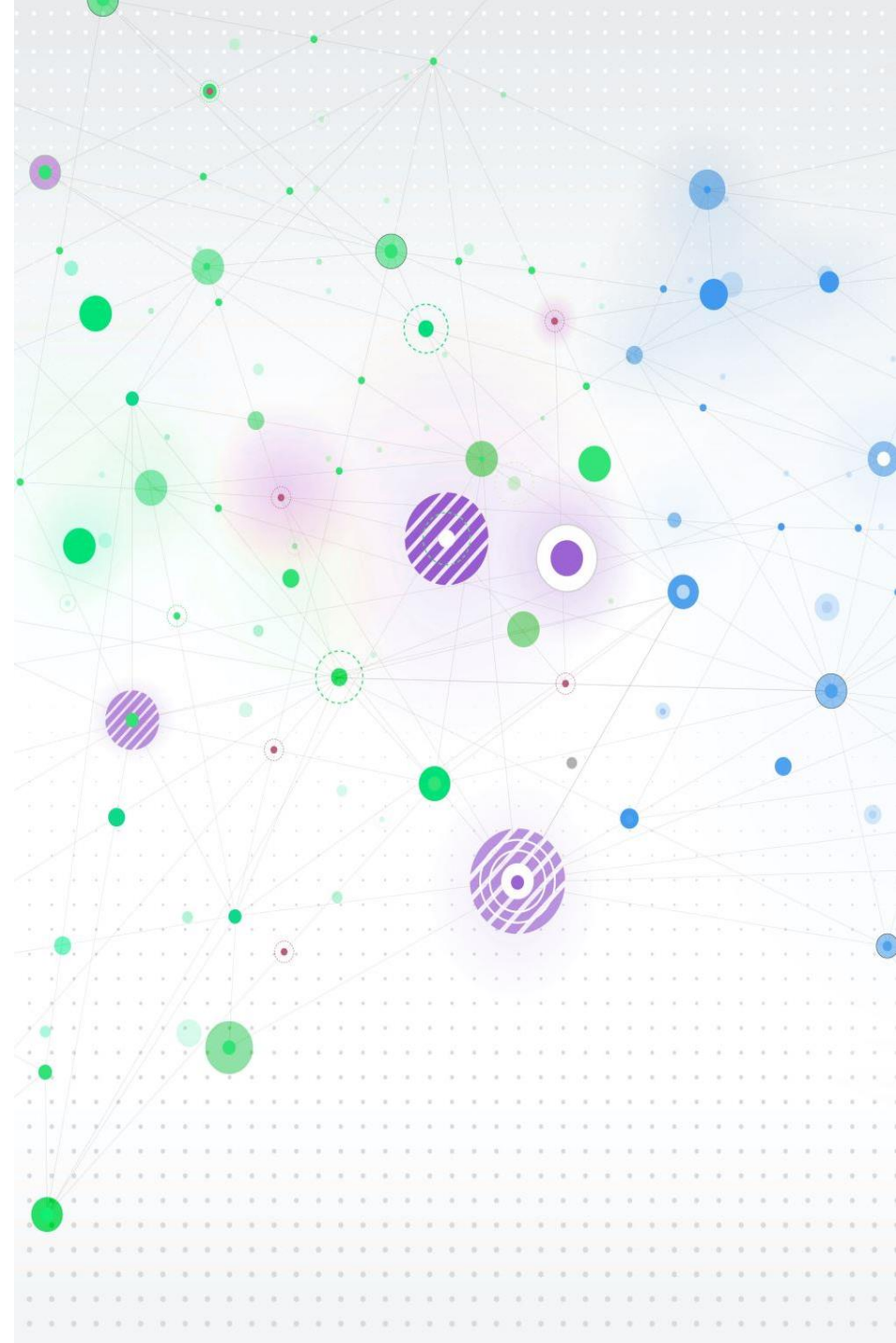


## Activity 3

### “Clear Communication Challenge”

- Select within the group a drawer and a communicator
- The communicator chooses an image (something casually chosen from the web) that the drawer and the group cannot see
- The communicator describes the image in detail while the drawer attempts to recreate it just using the verbal instructions

AFTER 10 MINUTES... Compare the drawn image with the original and discuss discrepancies



**SO YOU THINK YOU ARE A GOOD  
COMMUNICATOR...**

LET'S DISCUSS ALL TOGETHER

ON THE CHALLENGES

RAISED IN THOSE ACTIVITIES

